

AT ADAMA  
(Israel)

Dance by Shmulik Gov'Ari. Music by Yechieli - Ami.

Pronunciation:

Translation: You Are The Earth

Music:

4/4 meter

Formation: Line in simple hold ("V" pos).

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
<u>PART A (Face LOD)</u>		
1	1-2	2 steps fwd R,L.
	3-4	Two-step R fwd.
2	1-2	2 steps fwd L,R.
	3	Step L twd ctr.
	4	Close R beside L.
3	1	Step R fwd.
	2	Chug on R fwd.
	3-4	Fast bkwd Yemenite L.
4-6		Repeat meas 1-3.
<u>PART B</u>		
1	1-2	2 steps fwd R,L.
	3	Step R to R, face ctr.
	4	Step L behind R.
2		2 Yemenite steps: R,L.
3	1	Stamp R diag across L, no wt.
	2	Stamp R diag to R, no wt.
	3	Stamp R diag to R, no wt.
4-6		Repeat meas 1-3.
7	1-4	Repeat meas 3, Part A.
8	1	Step R to R.
	2	Close L beside R.
<u>PART C (Face center)</u>		
1	1	Leap R to R while L is extended to L, L heel touching floor.
	2	Step L behind R.
	3	Step R to R and cross L over R.
	4 )	Repeat cts 1-3.
2	1-2)	
	3	Brush R fwd.
	4	Step R fwd.
3	1	Chug on R fwd.
	2-3	Yemenite L bkwd.
4-6		Repeat meas 1-3.

Presented by Ya'akov Eden